

# WHAT TO EXPECT: Carotid Stenting

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## FIS Evaluation Clinic Located at TGH

All patients are first evaluated at our outpatient clinic at Tampa General Hospital (TGH) in the Harborside Building located at 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606. We are in the same office as FACT (Florida Advanced Cardiothoracic Surgery). Valet parking is offered in front of the Harborside Building and self-parking is always available in the parking garage. **(See Map on Page 3)**

## What to Bring to Your Evaluation

**On the day of your evaluation, please bring all of your imaging (CTA/MRA/Doppler Ultrasound) and blood tests results if they were not performed at TGH.** We prefer imaging on CDs for our later review. If you are seeing your primary doctor or vascular doctor prior to our visit, please request that they fax your records to our office at (813) 844-4032 prior to your evaluation. **If we do not receive your medical records prior to or on the day of your appointment we will have to reschedule.**

## Evaluation Appointment

During your evaluation appointment we will review your imaging, medical history, and overall health. We will discuss the risks and benefits of the procedure and the expected post-operative course and follow-up. Prior to leaving the office you will be scheduled for your procedure. If for some reason we cannot schedule you at that time, the scheduler will call you soon after your evaluation to schedule your procedure.

## FIS Procedure Clinic Located at TGH

**Our Procedure Clinic Registration is also located at TGH in the Bayshore Pavilion Area K, take elevators to the 3<sup>rd</sup> floor and precede to the 3K Registration Desk.** Valet parking is offered for a small fee on the day of your procedure in front of the Main Entrance and self-parking is always available in the parking garage. **(See Map on Page 3)**

## Preparation for the Day of Your Procedure

**We ask that you DO NOT eat anything after midnight on the night prior to your procedure or at least 6 hours prior to your procedure.** Eating breakfast will force us to delay your procedure as we cannot give you anesthesia safely if you have eaten within 6 hours. Most patients will need to take a blood thinner, Plavix, prior to the day of the procedure to decrease the risk of clots forming during and after the procedure. Your Interventionalist will order it for you if needed. **We ask all patients to arrive two hours prior to their scheduled procedure and report to the 3rd floor of the Bayshore Pavilion.** Again our procedure clinic is in the Bayshore Pavilion and after you are registered on the 3rd floor, you will be directed to a private preoperative room. Blood tests are performed as soon as you arrive to assure you are well enough to undergo the procedure.

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**Evaluation Clinic Location:** 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606

**Procedure Clinic Location:** 1 Tampa General Circle, 3<sup>rd</sup> Floor, 3K Registration, Tampa, FL 33606

**Scheduling** (813) 844-4570

**After Hours** (813) 681-0464

**Fax** (813) 844-4032

## Medications Administered

During the procedure you are given medications for “conscious sedation”, otherwise known as “twilight sedation.” We occasionally utilize general anesthesia if there is too high a risk of the sedation. This is determined the day of the procedure.

## Carotid Stenting Procedure

The arteriogram procedure is performed through the common femoral artery and there is typically little pain after access is gained into the vessel. Digital pictures are taken of the arteries using contrast. Once the blockage is confirmed, treatment can be performed at the same time using the most advanced minimally invasive techniques. The most common technique used is stenting, where a metal scaffolding is implanted to hold the narrowed carotid artery open. A special filter is placed in the artery just before the brain to help minimize the risk of stroke during the procedure.

## Post Procedure

After the procedure you will receive pain and nausea medication and transferred to our post-operative care area. Once in your post-operative room, you will be asked to lie flat for 4-6 hours to allow the hole in the artery to seal and avoid bleeding under the skin. If your artery is suitable, a microscopic clip or other device is used to close the hole and that reduces your recovery time and bed rest to 2 hours.

Immediately following the procedure, there is usually mild pain at the access site. You are usually observed closely in the ICU or monitored room after the procedure overnight. Most patients will be placed on Plavix and/or Aspirin after the procedure to help keep the arteries and stent open. Most patients will be discharged home the following day.

## Follow-up Appointment

Your follow-up appointment after the Carotid stenting treatment is typically scheduled between 1-2 weeks after and often scheduled after you have an Ultrasound of the carotids to assess the success of the procedure.

**\*See Next Page for a Map of TGH**

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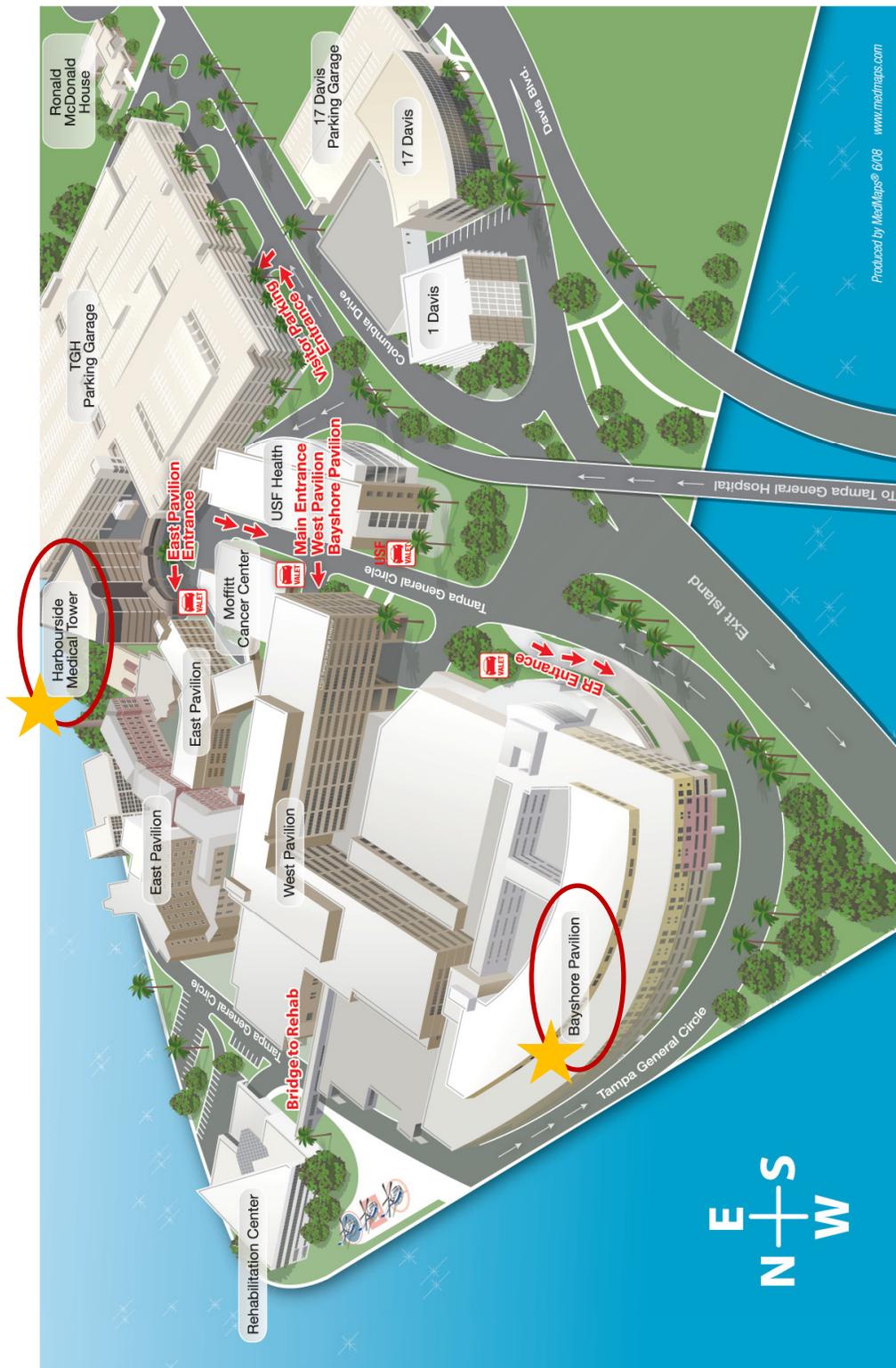
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1 Tampa General Circle • Tampa, FL 33606

**Main Switchboard** (813) 844-7000  
**Patient Information** (813) 844-7443  
**PhysicianFinder Referral Service** 1-800-822-DOCS  
**Web site** www.tgh.org

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