

WHAT TO EXPECT: Deep Vein Thrombosis (DVT)



FIS Evaluation Clinic Located at TGH

All patients are first evaluated at our outpatient clinic at Tampa General Hospital (TGH) in the Harborside Building located at 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606. We are in the same office as FACT (Florida Advanced Cardiothoracic Surgery). Valet parking is offered in front of the Harborside Building and self-parking is always available in the parking garage. **(See Map on Page 3)**

What to Bring to Your Evaluation

On the day of your evaluation, please bring all of your imaging (CT/MRI/xrays) and blood tests results if they were not performed at TGH. We prefer imaging on CDs for our later review. If you are seeing a hematologist (physician specializing in blood disorders), please request that they fax your records to our office at (813) 844-4032 prior to your evaluation. **If we do not receive your medical records prior to or on the day of your appointment we will have to reschedule.**

Evaluation Appointment

During the clinic visit we will review your imaging, medical history and overall health. We will discuss the risks and benefits of the procedure and the expected post-operative course and follow-up. If the DVT developed less than 45 days prior and you have significant symptoms we will likely suggest treatment with “clot busting” techniques through the veins in the leg. Prior to leaving the office you will be scheduled for your procedure. If for some reason we cannot schedule you at that time, the scheduler will call you soon after your evaluation to schedule your procedure. Most patients requiring DVTT are admitted for one night to allow the medicine to dissolve the clot and open the vein.

FIS Procedure Clinic Located at TGH

Our Procedure Clinic Registration is located at TGH in the Bayshore Pavilion Area K, take elevators to the 3rd floor and precede to the 3K Registration Desk. Valet parking is offered for a small fee on the day of your procedure in front of the Main Entrance and self-parking is always available in the parking garage. **(See Map on Page 3)**

Preparation for the Day of Your Procedure

We ask that you DO NOT eat anything after midnight on the night prior to your procedure or at least 6 hours prior to your procedure. Eating breakfast will force us to delay your procedure as we cannot give you anesthesia safely if you have eaten within 6 hours. **We ask all patients to arrive two hours prior to their scheduled procedure and report to the 3rd floor of the Bayshore Pavilion.** Again our procedure clinic is in the Bayshore Pavilion and after you are registered on the 3rd floor, you will be directed to a private preoperative room. Blood tests are performed as soon as you arrive to assure you are well enough to undergo the procedure.

Evaluation Clinic Location: 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606

Procedure Clinic Location: 1 Tampa General Circle, 3rd Floor, 3K Registration, Tampa, FL 33606

Scheduling (813) 844-4570

After Hours (813) 681-4664

Fax (813) 844-4032

Medications Administered

Prior to your procedure you will be pretreated with nausea and pain medication. During the procedure these medications are given as well as “conscious sedation”, otherwise known as “twilight sedation”. We do not typically utilize general anesthesia as the risk of the general anesthesia is generally higher than the risk of the procedure itself.

Deep Vein Thrombosis (DVT) Procedure

A catheter which infuses the “clot busting drug” is placed into the popliteal vein, the largest vein directly behind the knee. After the catheter is placed you will be asked to sit in bed between 18-24 hours. You will be offered pain or sleeping medication during this time if you are uncomfortable, reading or using a laptop is recommended. The medicine does not cause pain, but often patients complain of back pain from lying in bed for this period of time. After 18-24 hours you will be brought back to the procedure room and the catheter removed. If large veins are still occluded, we may open them with balloons or stents.

Post Procedure

After the procedure you will be placed back in your room and asked to lie flat for 2-3 hours to allow the hole in the veins to seal and avoid bleeding under the skin.

Follow-up Appointment

Follow-up appointment after DVT is typically between 4-6 weeks. Our follow-up clinic appointments are often scheduled immediately after you have an Ultrasound at TGH. These tests allow us to determine the amount of remaining clot and to assure the pain/swelling has improved. During the clinic visit we will review the results with you and schedule additional follow-up depending on the outcome of your procedure.

***See Next Page for a Map of TGH**

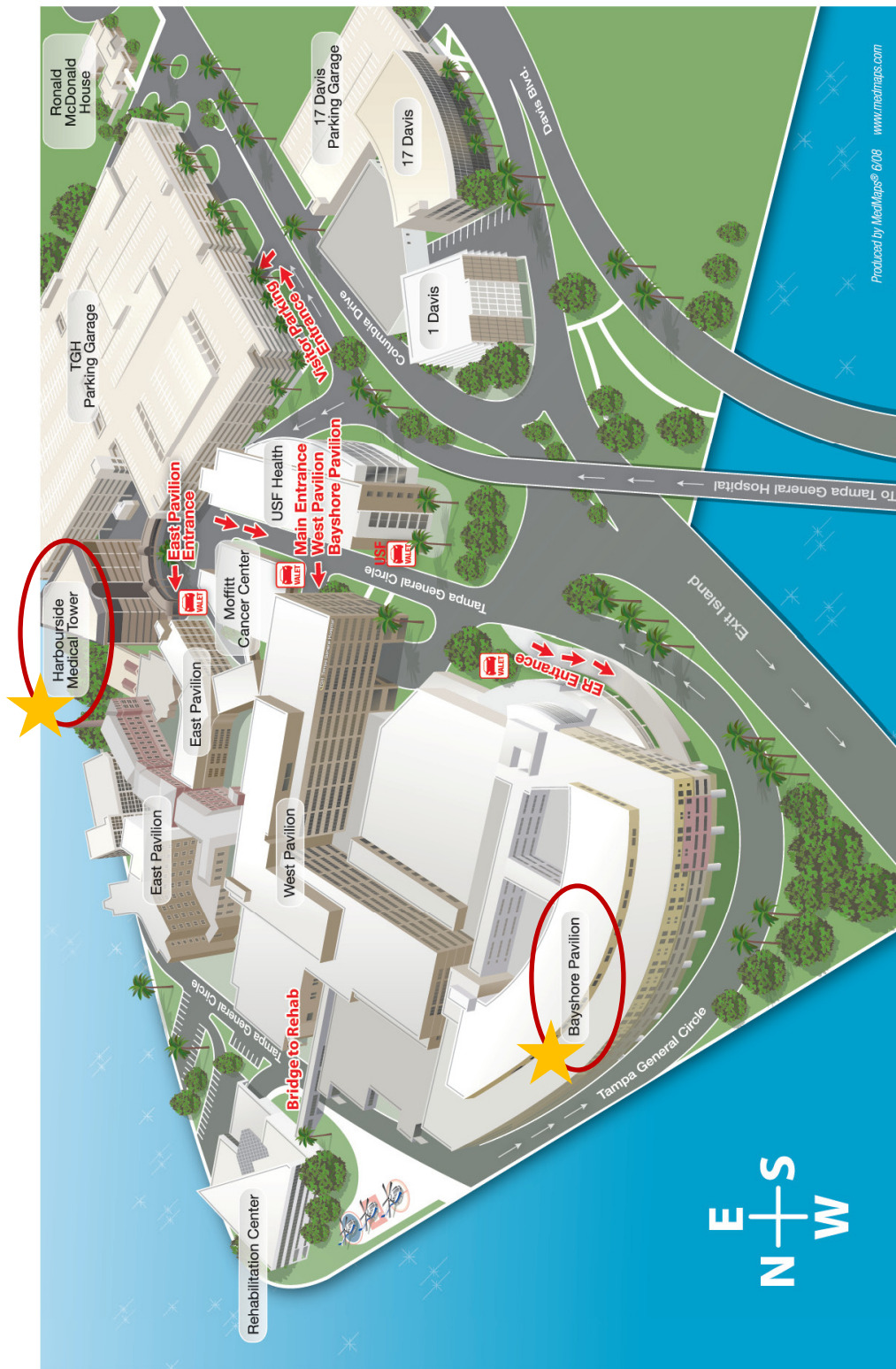
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1 Tampa General Circle • Tampa, FL 33606

Main Switchboard (813) 844-7000
Patient Information (813) 844-7443
PhysicianFinder Referral Service 1-800-822-DOCS
Web site www.tgh.org

Form #: 8422, Rev. 11/11/08

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