

WHAT TO EXPECT: Peripheral Arterial Disease (PAD)



FIS Evaluation Clinic Located at TGH

All patients are first evaluated at our outpatient clinic at Tampa General Hospital (TGH) in the Harborside Building located at 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606. We are in the same office as FACT (Florida Advanced Cardiothoracic Surgery). Valet parking is offered in front of the Harborside Building and self-parking is always available in the parking garage. **(See Map on Page 3)**

What to Bring to Your Evaluation

On the day of your evaluation, please bring all of your imaging (CT/MRI/Doppler Ultrasound) and blood tests results if they were not performed at TGH. We prefer imaging on CDs for our later review. If you are seeing your primary care doctor or vascular doctor, please request that they fax your records to our office at (813) 844-4032 prior to your evaluation. **If we do not receive your medical records prior to or on the day of your appointment we will have to reschedule.**

Evaluation Appointment

During your evaluation appointment we will review your imaging, medical history, and overall health. We will discuss the risks and benefits of the procedure and the expected post-operative course and follow-up. Prior to leaving the office you will be scheduled for your procedure. If for some reason we cannot schedule you at that time, the scheduler will call you soon after your evaluation to schedule your procedure. Please remember that most PAD patients are discharged the same day, but some need to be admitted for one night after the procedure for observation.

FIS Procedure Clinic Located at TGH

Our Procedure Clinic Registration is also located at TGH in the Bayshore Pavilion Area K, take elevators to the 3rd floor and precede to the 3K Registration Desk. Valet parking is offered for a small fee on the day of your procedure in front of the Main Entrance and self-parking is always available in the parking garage. **(See Map on Page 3)**

Preparation for the Day of Your Procedure

We ask that you DO NOT eat anything after midnight on the night prior to your procedure or at least 6 hours prior to your procedure. Eating breakfast will force us to delay your procedure as we cannot give you anesthesia safely if you have eaten within 6 hours. **We ask all patients to arrive two hours prior to their scheduled procedure and report to the 3rd floor of the Bayshore Pavilion.** Again our procedure clinic is in the Bayshore Pavilion and after you are registered on the 3rd floor, you will be directed to a private preoperative room. Blood tests are performed as soon as you arrive to assure you are well enough to undergo the procedure.

Evaluation Clinic Location: 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606

Procedure Clinic Location: 1 Tampa General Circle, 3rd Floor, 3K Registration, Tampa, FL 33606

Scheduling (813) 844-4570

After Hours (813) 681-0464

Fax (813) 844-4032

Medications Administered

During the procedure you are given medications for “conscious sedation”, otherwise known as “twilight sedation.” We do not typically utilize general anesthesia as we require patients to hold their breath at times throughout the procedure to allow us to visualize the arteries under x-ray.

Peripheral Arterial Disease Procedure

The arteriogram procedure is performed through the common femoral artery and there is typically little pain after access is gained into the vessel. Digital pictures are taken of the arteries using contrast or CO2 gas. Once the blockage is confirmed, treatment can be performed at the same time using a wide variety of the most advanced minimally invasive techniques. This includes **balloon angioplasty**: where the artery is stretched open to relieve the blockage, **stenting**: where metal scaffolding is implanted to hold the artery open, and **atherectomy**: where the plaque causing the blockage is shaved off and removed.

Post Procedure

After the procedure you will receive pain and nausea medication and transferred to our post-operative care area. Once in your post-operative room, you will be asked to lie flat for 4-6 hours to allow the hole in the artery to seal and avoid bleeding under the skin. If your artery is suitable, a microscopic clip or other device is used to close the hole and that reduces your recovery time and bed rest to 2 hours.

Immediately following the procedure, there is usually mild pain at the access site and may be some pain in the leg that was treated. Many patients have quick recovery and are walking in the hallways after the recovery period with immediate cessation of their leg pain that was experienced before the procedure. The vast majority are discharged 3-6 hours post procedure. Some need to stay overnight if there are still pain issues or some bleeding at the access site. Most patients will be placed on Plavix and/or Aspirin after the procedure to help keep the arteries open.

Follow-up Appointment

Your follow-up appointment after the PAD treatment is typically scheduled between 1-2 weeks after and often scheduled immediately after you have an Ultrasound of the legs to assess the success of the procedure.

***See Next Page for a Map of TGH**

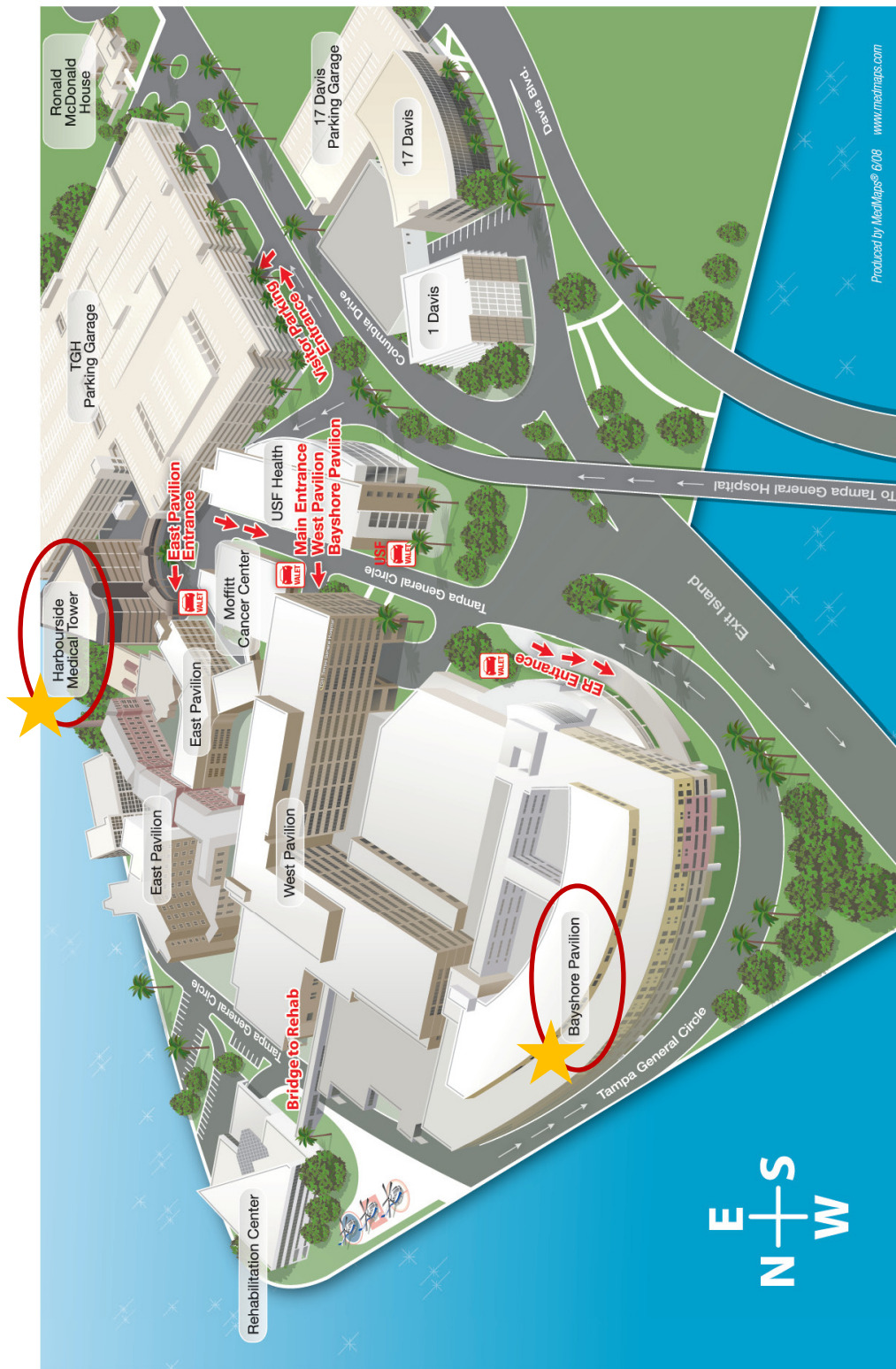
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1 Tampa General Circle • Tampa, FL 33606

Main Switchboard (813) 844-7000
Patient Information (813) 844-7443
PhysicianFinder Referral Service 1-800-822-DOCS
Web site www.tgh.org

Form #: 8422, Rev. 11/11/08

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