

WHAT TO EXPECT: Pelvic Congestion



FIS Evaluation Clinic Located at TGH

All patients are first evaluated at our outpatient clinic at Tampa General Hospital (TGH) in the Harborside Building located at 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606. We are in the same office as FACT (Florida Advanced Cardiothoracic Surgery). Valet parking is offered in front of the Harborside Building and self-parking is always available in the parking garage. **(See Map on Page 3)**

What to Bring to Your Evaluation

On the day of your evaluation, please bring all of your imaging (CTA/MRA/X-Rays) and blood tests results if they were not performed at TGH. We prefer imaging on CDs for our later review. If you are seeing a Gynecologist, please request that they fax your records to our office at (813) 844-4032 prior to your evaluation. **If we do not receive your medical records prior to or on the day of your appointment we will have to reschedule.**

Evaluation Appointment

During the clinic visit we will review your imaging, medical history and overall health. We will discuss the risks and benefits of the procedure and the expected post-operative course and follow-up. Prior to leaving the office you will be scheduled for your procedure. If for some reason we cannot schedule you at that time, the scheduler will call you soon after your evaluation to schedule your procedure. Please remember that all Pelvic Congestion Syndrome patients usually stay 2-3 hours after the procedure to treat any pain and observe the vein puncture site in the groin.

FIS Procedure Clinic Located at TGH

Our Procedure Clinic Registration is also located at TGH in the Bayshore Pavilion Area K, take elevators to the 3rd floor and precede to the 3K Registration Desk. Valet parking is offered for a small fee on the day of your procedure in front of the Main Entrance and self-parking is always available in the parking garage. **(See Map on Page 3)**

Preparation for the Day of Your Procedure

We ask that you DO NOT eat anything after midnight on the night prior to your procedure or at least 6 hours prior to your procedure. Eating breakfast will force us to delay your procedure as we cannot give you anesthesia safely if you have eaten within 6 hours. **We ask all patients to arrive two hours prior to their scheduled procedure and report to the 3rd floor of the Bayshore Pavilion.** Again our procedure clinic is in the Bayshore Pavilion and after you are registered on the 3rd floor, you will be directed to a private preoperative room. Blood tests are performed as soon as you arrive to assure you are well enough to undergo the procedure.

Evaluation Clinic Location: 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606

Procedure Clinic Location: 1 Tampa General Circle, 3rd Floor, 3K Registration, Tampa, FL 33606

Scheduling (813) 844-4570

After Hours (813) 681-0464

Fax (813) 844-4032

Medications Administered

During the procedure medications are given for “conscious sedation”, otherwise known as “twilight sedation”. General anesthesia is not required. The groin is prepped and draped. Local anesthesia (Lidocaine) is administered at the groin. There is typically little pain after access is gained into the vessel.

Pelvic Congestion Procedure

A thin catheter is threaded to the ovarian veins and x-ray contrast is injected to confirm dilated pelvic veins with flow going the wrong way. You may feel a warm flush in the pelvis for a few seconds during the contrast injection. The vessels are then occluded with coils. The catheter is removed and pressure is held over the vein for 5-10 minutes.

Post Procedure

After the procedure you’ll be transferred to our post-operative care area and you’ll be asked to lie flat for 2-3 hours to allow the hole in the vein to seal to avoid bleeding under the skin.

At first, patients may not notice much change, however, by the next day the symptoms will be much better, even resolved. Approximately 1-3 days later, it is common for women to experience the onset of pelvic pain of a different character than their previous pain, lasting 2-3 days. This is due to an inflammatory response to the occluded ovarian veins and resolves by itself. Anti-inflammatory medicines, like Motrin, are helpful. Patients usually resume their normal lives very quickly, without pelvic pain.

***See Next Page for a Map of TGH**

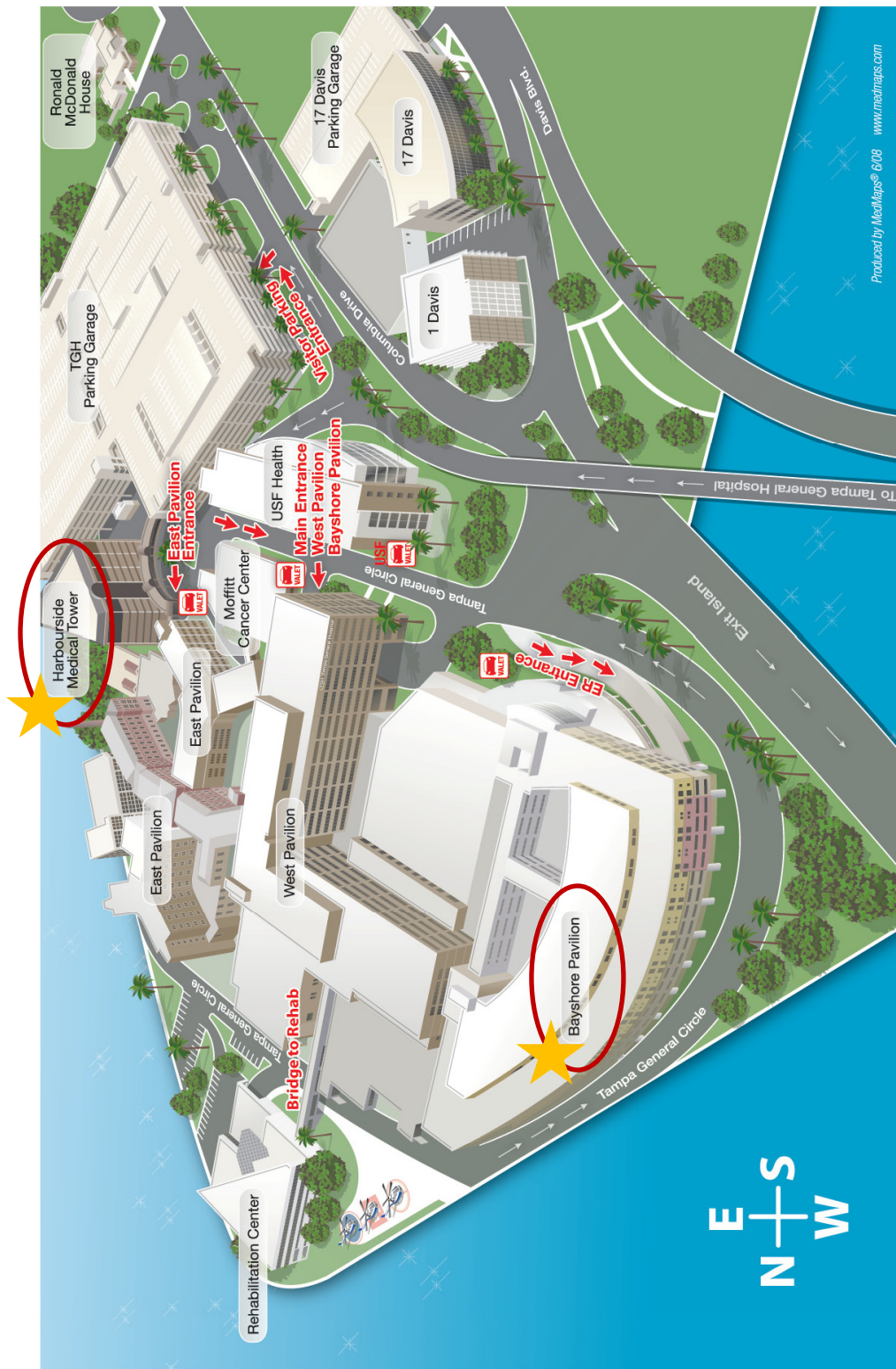
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1 Tampa General Circle • Tampa, FL 33606

Main Switchboard (813) 844-7000
Patient Information (813) 844-7443
PhysicianFinder Referral Service 1-800-822-DOCS
Web site www.tgh.org

Form #: 8422, Rev. 11/11/08

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