

## WHAT TO EXPECT: Tumor Ablation

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### FIS Evaluation Clinic Located at TGH

**All patients are first evaluated at our outpatient clinic at Tampa General Hospital (TGH) in the Harborside Building located at 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606.** We are in the same office as FACT (Florida Advanced Cardiothoracic Surgery). Valet parking is offered in front of the Harborside Building and self-parking is always available in the parking garage. **(See Map on Page 3)**

### What to Bring to Your Evaluation

**On the day of your evaluation, please bring all of your imaging (CT/MRI/X-rays) and blood tests results if they were not performed at TGH.** We prefer imaging on CDs for our later review. If you are seeing an oncologist, liver, or kidney specialist, please request that they fax your records to our office at (813) 844-4032 prior to your evaluation. **If we do not receive your medical records prior to or on the day of your appointment we will have to reschedule.**

### Evaluation Appointment

During the clinic visit we will review your imaging, medical history and overall health. We will discuss the risks and benefits of the procedure and the expected post-operative course and follow-up. Depending on your tumor type we may refer you to a surgeon that specializes in your disease at TGH. Prior to leaving the office you will be scheduled for your procedure. If for some reason we cannot schedule you at that time, the scheduler will call you soon after your evaluation to schedule your procedure. Remember, all tumor ablations require an overnight stay at the hospital after the procedure.

### FIS Procedure Clinic Located at TGH

**Our Procedure Clinic Registration is also located at TGH in the Bayshore Pavilion Area K, take elevators to the 3<sup>rd</sup> floor and precede to the 3K Registration Desk.** Valet parking is offered for a small fee on the day of your procedure in front of the Main Entrance and self-parking is always available in the parking garage. **(See Map on Page 3)**

### Preparation for the Day of Your Procedure

**We ask that you DO NOT eat anything after midnight on the night prior to your procedure or at least 6 hours prior to your procedure.** Eating breakfast will force us to delay your procedure as we cannot give you anesthesia safely if you have eaten within 6 hours. **We ask all patients to arrive two hours prior to their scheduled procedure and report to the 3rd floor of the Bayshore Pavilion.** Again our procedure clinic is in the Bayshore Pavilion and after you are registered on the 3rd floor, you will be directed to a private preoperative room. Blood tests are performed as soon as you arrive to assure you are well enough to undergo the procedure.

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**Evaluation Clinic Location:** 5 Tampa General Circle, 8th Floor, Suite 820, Tampa, FL 33606

**Procedure Clinic Location:** 1 Tampa General Circle, 3<sup>rd</sup> Floor, 3K Registration, Tampa, FL 33606

**Scheduling** (813) 844-4570

**After Hours** (813) 681-0464

**Fax** (813) 844-4032

## Medications Administered

Prior to your procedure you will be pretreated with nausea and pain medication.

## Tumor Ablation Procedure

Ablation procedures are performed under general anesthesia under guidance from a CT scanner to assure proper placement of the needle probes into the tumor. The probes are placed through tiny (1/4 inch) holes in the skin. The procedure can take from 1-2 hours.

## Post Procedure

After the procedure most patients have pain over the site of the tumor which is treated with a PCA pump. A PCA allows the patient to administer as much pain medication as they need with their own trigger button. Once in your post-operative room, you will be asked to stay in bed for 4 hours to avoid injury while recovering from the anesthesia. The following morning most patients have mild pain and are discharged home with a prescription for pain medication.

## Follow-up Appointment

Follow-up appointments are scheduled between 4-6 weeks after tumor ablation. Follow-up appointments are often scheduled on the same day as your MRI/CT and lab tests. These tests allow us to determine the amount of remaining tumor and evaluate how your body tolerated the treatment. During the clinic visit we will review the results with you and schedule additional follow-up depending on the outcome of your procedure.

Literature has suggested the ablation for certain types of tumors can be 98% effective for complete killing of the tumor. In more aggressive tumors, significant increased life expectancy has been achieved compared to chemotherapy alone.

**\*See Next Page for a Map of TGH**

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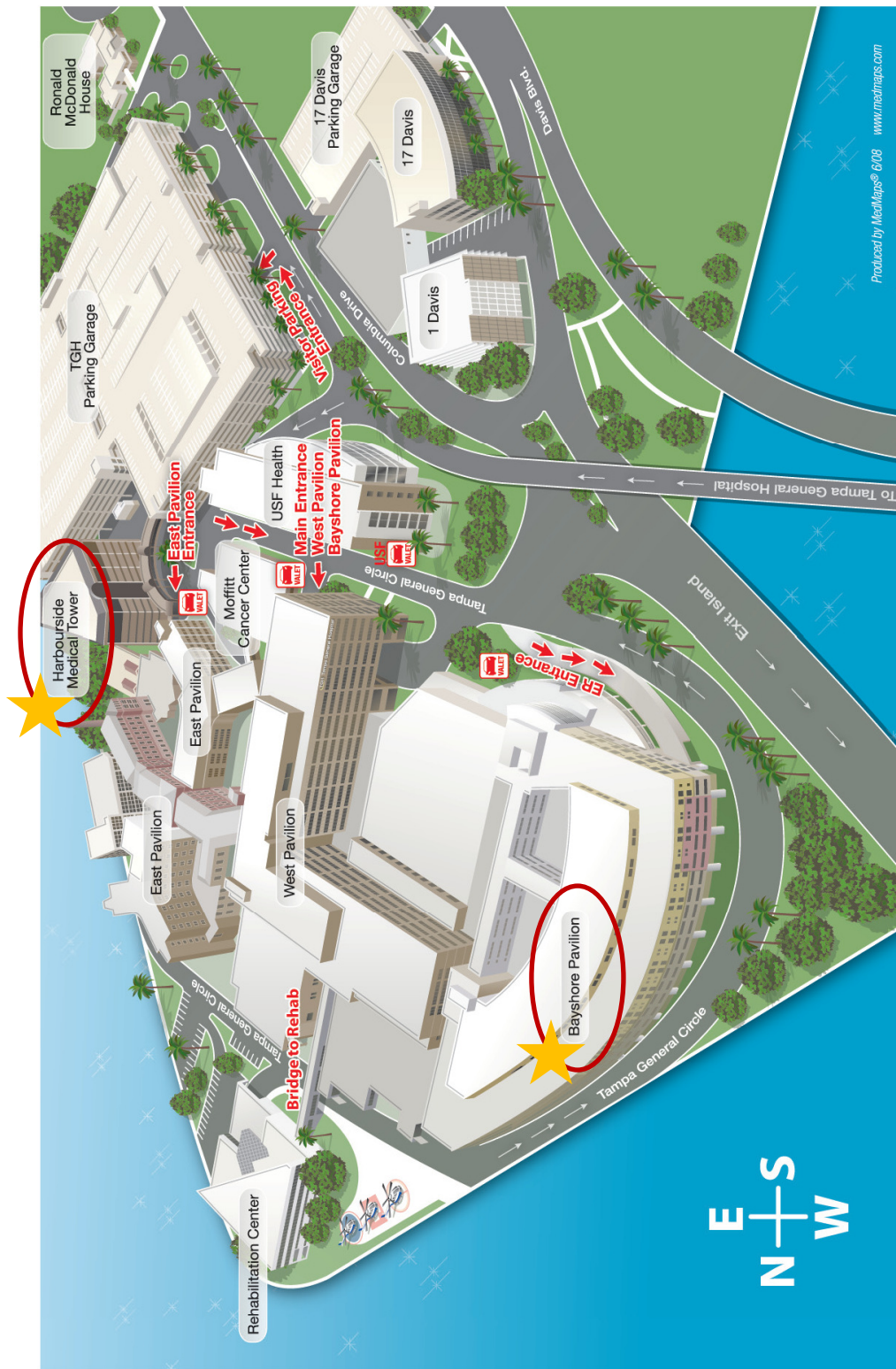
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1 Tampa General Circle • Tampa, FL 33606

**Main Switchboard** (813) 844-7000  
**Patient Information** (813) 844-7443  
**PhysicianFinder Referral Service** 1-800-822-DOCS  
**Web site** www.tgh.org

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